

# Washington Behavioral Risk Factor Surveillance System

## 2003 Tobacco Survey Results

### *Kitsap County*

#### What is your age?

n = 656

18 - 34	31.5%	(± 4.5%)
35 - 54	40.8	(± 4.4)
55 - 74	19.0	(± 3.0)
75+	8.7	(± 2.3)

#### Gender

n = 656

Male	52.5%	(± 4.4%)
Female	47.5	(± 4.4)

#### Which one of these groups would you say best represents your race...

n = 646

White	88.2%	(± 3.6%)
Black or African American	1.2	(± 1.0)
Asian	3.1	(± 2.0)
Native Hawaiian or Other Pacific Islander	1.8	(± 1.6)
American Indian, Alaska Native	2.2	(± 1.3)
Other race	3.2	(± 2.4)
No preferred race	0.3	(± 0.4)

#### Are you Hispanic or Latino/Latina?

n = 655

Yes	6.6%	(± 2.8%)
No	93.4	(± 2.8)

#### Marital status

n = 653

Married	64.0%	(± 4.3%)
Divorced	9.3	(± 2.0)
Widowed	4.8	(± 1.7)
Separated	1.2	(± 0.9)
Never been married	15.4	(± 3.8)
Or a member of an unmarried couple	5.2	(± 2.1)

#### How many children less than 18 years of age live in your household?

n = 656

None	58.4%	(± 4.5%)
1	16.2	(± 3.3)
2	15.4	(± 3.3)
3 or more	9.9	(± 3.1)

#### What is the highest grade or year of school you completed?

n = 656

Some high school or less	6.0%	(± 2.6%)
High school graduate or GED	27.7	(± 4.1)
Some college or technical school	37.5	(± 4.4)
College graduate or more	28.8	(± 3.9)

Estimates based on sample sizes less than 50 were omitted.

<b>Are you currently. . .</b>	<b>n = 655</b>	
Employed for wages	52.2%	(± 4.5%)
Self-employed	9.0	(± 2.6)
Out of work	5.6	(± 2.1)
Homemaker	9.6	(± 2.3)
Student	2.7	(± 1.5)
Retired	16.3	(± 2.9)
Or unable to work	4.7	(± 1.7)

<b>Annual household income from all sources</b>	<b>n = 575</b>	
Less than \$20,000	11.4%	(± 2.8%)
\$20,000 to less than \$50,000	45.6	(± 4.6)
\$50,000 or more	43.0	(± 4.6)

<b>Have you smoked at least 100 cigarettes in your entire life?</b>	<b>n = 876</b>	
Yes	51.2%	(± 3.8%)
No	48.8	(± 3.8)

***Among those that have smoked at least 100 cigarettes in their entire life:***

<b>Do you now smoke cigarettes everyday, some days, or not at all?</b>	<b>n = 454</b>	
Everyday	36.6%	(± 5.2%)
Some days	11.1	(± 3.4)
Not at all	52.3	(± 5.2)

***Among current smokers:***

<b>During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?</b>	<b>n = 194</b>	
Yes	66.0%	(± 7.3%)
No	34.0	(± 7.3)

<b>Current cigarette smoking prevalence:</b>	<b>n = 876</b>	
(every day or some day smokers among the whole population)	24.5%	(± 3.4%)

***Among those that have smoked at least 100 cigarettes:***

<b>Did you smoke any cigarettes during the past 30 days?</b>	<b>n = 340</b>	
Yes	50.1%	(± 6.0%)
No	49.9	(± 6.0)

***Among those that have smoked in the past 30 days:***

<b>On how many days of the past 30 days did you smoke cigarettes?</b>	<b>n = 150</b>	
Less than 30 days	37.1%	(± 9.3%)
30 days	62.9	(± 9.3)

***Among those that have smoked in the past 30 days:***

<b>On average, about how many cigarettes per day do you smoke, on the days that you do smoke?</b>	<b>n = 150</b>	
Average:	12.8	(± 1.4)

Estimates based on sample sizes less than 50 were omitted.

<b>Have you ever tried using smokeless tobacco, like chew, dip or snuff?</b>	n = 644
Yes	24.6% (± 4.1%)
No	75.4 (± 4.1)

***Among those that have ever tried smokeless tobacco:***

<b>On how many of the past 30 days did you use smokeless tobacco products?</b>	n = 126
None	90.3% (± 5.7%)
Less than 30 days	7.8 (± 5.1)
30 days	1.9 (± 2.7)

<b>Current smokeless tobacco prevalence:</b>	n = 644
(any use in past 30 days among the whole population)	2.4% (± 1.5%)

<b>Do you currently smoke tobacco in a pipe?</b>	n = 643
Yes	1.2% (± 1.3%)
No	98.8 (± 1.3)

<b>In the past month, have you smoked a cigar, even just a puff?</b>	n = 644
Yes	7.1% (± 2.5%)
No	92.9 (± 2.5)

<b>In the past month, have you smoked bidis?</b>	n = 642
Yes	0.6% (± 0.7%)
No	99.4 (± 0.7)

<b>In the past month, have you smoked clove cigarettes?</b>	n = 644
Yes	1.2% (± 1.6%)
No	98.8 (± 1.6)

<b>Current tobacco use (all types of tobacco)</b>	n = 644
Current daily tobacco user	29.4% (± 4.2%)
Current non-tobacco user	70.6 (± 4.2)

***Among former smokers:***

<b>About how long has it been since you last smoked cigarettes regularly, that is, daily?</b>	n = 189
Within the past month (less than 1 month ago)	0.4% (± 0.9%)
Within the past 3 months (1-3 months ago)	1.7 (± 2.4)
Within the past 6 months (3-6 months ago)	4.6 (± 4.1)
Within the past year (6-12 months ago)	1.6 (± 1.4)
Within the past 5 years (1-5 years ago)	16.2 (± 5.7)
Within the past 15 years (5-15 years ago)	16.2 (± 5.4)
More than 15 years ago	57.6 (± 7.8)
Never used regularly	1.6 (± 1.7)

Estimates based on sample sizes less than 50 were omitted.

***Among former smokers:***

**When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day?** n = 180

Average: 18.9 (± 2.5)

***Among current tobacco users:***

**In the past month, did you buy tobacco on a Native American reservation?** n = 171

Yes 18.3% (± 6.8%)

No 81.7 (± 6.8)

***Among current tobacco users:***

**In the past month, did you buy tobacco from the Internet?** n = 170

Yes 3.3% (± 2.9%)

No 96.7 (± 2.9)

***Among current tobacco users:***

**During the past month, did you buy tobacco outside the state to save money - not just because you were traveling?** n = 171

Yes 3.7% (± 3.2%)

No 96.3 (± 3.2)

***Among current/former tobacco users:***

**People close to me are/were upset by my using tobacco.** n = 333

Strongly agree 44.0% (± 6.2%)

Somewhat agree 19.9 (± 4.9)

Somewhat disagree 19.9 (± 5.0)

Strongly disagree 16.2 (± 4.5)

***Among current/former tobacco users:***

**When was the last time a family member or friend advised you to quit, if ever?** n = 335

Within the past year (1-12 months) 43.4% (± 6.2%)

Within the past three years (1-3 years) 3.9 (± 2.1)

3 or more years ago 22.4 (± 4.9)

They never advised me to quit 30.3 (± 5.4)

***Among current/former tobacco users:***

**When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever?** n = 347

Within the past year (1-12 months) 29.5% (± 5.5%)

Within the past three years (1-3 years) 10.1 (± 4.2)

3 or more years ago 15.0 (± 3.9)

They never advised me to quit 45.4 (± 6.1)

***Among current/former tobacco users:***

When was the last time a DENTIST advised you to quit, if ever?			n = 347
Within the past year (1-12 months)	13.7%	(± 4.5%)	
Within the past three years (1-3 years)	4.4	(± 2.3)	
3 or more years ago	6.5	(± 2.6)	
They never advised me to quit	75.3	(± 5.3)	

***Among those advised to quit:***

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?			n = 193
Yes	44.9%	(± 8.3%)	
No	55.1	(± 8.3)	

***Among current/former tobacco users:***

How many times in your life have you seriously tried to quit using tobacco?			n = 310
0	13.4%	(± 4.4%)	
1-2	49.6	(± 6.3)	
3-5	18.6	(± 5.0)	
6 or more	18.4	(± 5.1)	

**About how long has it been since you last visited a DOCTOR for a routine  
checkup?** n = 638

Within the past year (1-12 months ago)	75.8%	(± 4.1%)
Within the past two years (1-2 years ago)	12.5	(± 3.3)
Within the past 3 years (2-3 years ago)	5.9	(± 2.3)
Within the past 5 years (3-5 years ago)	2.4	(± 1.4)
5 or more years ago	3.1	(± 1.4)
Never	0.2	(± 0.3)

**What type of health coverage do you use to pay for most of your medical care? Is  
it coverage through. . .** n = 573

Your employer	36.4%	(± 4.6%)
Someone else's employer	17.6	(± 3.5)
A plan that you or someone buys on your own	9.8	(± 2.6)
Medicare	15.2	(± 3.0)
Medicaid or Medical Assistance	3.6	(± 1.6)
The military, CHAMPUS, or the VA	17.3	(± 3.7)
The Indian Health Service	0.0	(± 0.0)
Some other source	0.0	(± 0.0)

***Among current and recent former smokers:***

Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?			n = 155
Yes	55.6%	(± 9.4%)	
No	44.4	(± 9.4)	

***Among current and recent former smokers:***

**Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco?** n = 154

Yes	7.5%	(± 4.7%)
No	92.5	(± 4.7)

***Among current and recent former smokers with health care coverage:***

**Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications?** n = 121

Yes	43.6%	(± 10.2%)
No	22.8	(± 8.3)
Don't know/Not sure	33.6	(± 9.6)

***Among current and recent former smokers:***

**During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco?** n = 154

Yes	37.4%	(± 9.4%)
No	62.6	(± 9.4)

***Among current and recent former smokers:***

**Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco?** n = 152

Yes	46.5%	(± 9.4%)
No	53.5	(± 9.4)

***Among current and recent former smokers who have heard of the "Quit-Line":***

**Have you called the Quit line?** n = 71

Yes	5.4%	(± 5.2%)
No	94.6	(± 5.2)

***Among current tobacco users:***

**Would you like to quit using tobacco?** n = 152

Yes	64.3%	(± 8.6%)
No	35.7	(± 8.6)

***Among current tobacco users who would like to quit:***

**Are you seriously considering quitting tobacco use within the next 6 months?** n = 99

Yes	91.0%	(± 5.8%)
No	9.0	(± 5.8)

***Among current tobacco users considering quitting within 6 months:***

**Are you planning to stop within the next 30 days?** n = 98

Yes	52.5%	(± 12.0%)
No	32.2	(± 10.4)
Don't know/Not sure	15.4	(± 9.0)

<b>Are you currently registered to vote?</b>	n = 638	
Yes	81.6%	(± 4.1%)
No	18.4	(± 4.1)

<b>Which of the following statements best describes the rules about smoking in your home. . .</b>	n = 634	
No one is allowed to smoke anywhere inside your home	83.2%	(± 3.1%)
Smoking is allowed at some places or at some times	8.0	(± 2.2)
Smoking is permitted anywhere inside your home	8.8	(± 2.4)

<b>How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?</b>	n = 642	
No current smokers in household	62.9%	(± 4.5%)
1	22.2	(± 3.7)
2	12.5	(± 3.3)
3 or more	2.4	(± 1.8)

<b>On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?</b>	n = 641	
None	85.9%	(± 3.0%)
Less than 30	5.1	(± 2.0)
30 days	9.0	(± 2.4)

<b>If it were just up to you, would you let people smoke inside your home?</b>	n = 639	
Yes	12.9%	(± 2.7%)
No	87.1	(± 2.7)

***Among people who are currently employed for wages:***

<b>When you are at work, do you spend most of your time in an. . .</b>	n = 360	
Office	37.5%	(± 5.9%)
Store	8.8	(± 3.6)
Restaurant or Bar	5.5	(± 2.6)
Warehouse or factory	8.8	(± 4.4)
Home/Someone elses home	10.6	(± 4.5)
Outdoors	8.8	(± 3.2)
Car or truck	4.5	(± 2.4)
Classroom	6.4	(± 2.8)
Hospital	4.1	(± 2.1)
Somewhere else	4.9	(± 2.4)

***Among people who are currently employed for wages:***

<b>Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?</b>	n = 358	
Yes	10.5%	(± 4.1%)
No	89.5	(± 4.1)

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges?** n = 357

Yes	3.1%	(± 2.4%)
No	96.9	(± 2.4)

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area?** n = 358

Yes	5.0%	(± 2.4%)
No	95.0	(± 2.4)

***Among people who are currently employed for wages:***

**In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work?** n = 360

None	82.4%	(± 4.7%)
Less than one hour	9.9	(± 3.5)
One hour or more	7.7	(± 3.6)

**In general, would you say that breathing secondhand smoke is. . .** n = 638

Not at all annoying to you	10.7%	(± 2.9%)
A little bit annoying	13.2	(± 3.0)
Somewhat annoying	22.1	(± 4.0)
Very annoying to you	54.0	(± 4.6)

**Would you say that breathing secondhand smoke is. . .** n = 619

Not at all harmful	2.4%	(± 1.3%)
A little bit harmful	6.4	(± 2.4)
Somewhat harmful	24.3	(± 4.1)
Very harmful	66.9	(± 4.4)

**All people should be protected from secondhand smoke.** n = 610

Strongly agree	64.3%	(± 4.5%)
Somewhat agree	19.9	(± 3.7)
Somewhat disagree	10.5	(± 2.9)
Strongly disagree	5.3	(± 2.1)

**All children should be protected from secondhand smoke.** n = 624

Strongly agree	89.1%	(± 2.8%)
Somewhat agree	6.9	(± 2.2)
Somewhat disagree	2.1	(± 1.1)
Strongly disagree	2.0	(± 1.4)

**Do you think that smoking should be completely banned in restaurants?** n = 639

Yes	72.1%	(± 4.0%)
No	24.8	(± 3.9)
Don't know/Not sure	3.1	(± 1.4)

Estimates based on sample sizes less than 50 were omitted.



<b>Do you think that smoking should be completely banned in bars and lounges?</b>		n = 633
Yes	37.4%	(± 4.5%)
No	54.5	(± 4.6)
Don't know/Not sure	8.0	(± 2.5)

<b>Do you think that smoking should be completely banned in outdoor public areas where children may be present?</b>		n = 638
Yes	56.1%	(± 4.5%)
No	39.5	(± 4.5)
Don't know/Not sure	4.5	(± 1.7)

<b>Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.</b>		n = 618
Strongly agree	57.0%	(± 4.6%)
Somewhat agree	23.9	(± 4.2)
Somewhat disagree	12.0	(± 2.8)
Strongly disagree	7.1	(± 2.2)

<b>The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.</b>		n = 611
Strongly agree	48.2%	(± 4.7%)
Somewhat agree	32.0	(± 4.4)
Somewhat disagree	10.3	(± 2.6)
Strongly disagree	9.4	(± 2.7)

<b>School officials should make sure that all children receive anti-tobacco education.</b>		n = 628
Strongly agree	84.7%	(± 3.3%)
Somewhat agree	10.2	(± 2.7)
Somewhat disagree	3.1	(± 1.6)
Strongly disagree	2.0	(± 1.5)

<b>Tobacco use by adults should not be allowed on school grounds or at any school events.</b>		n = 633
Strongly agree	86.7%	(± 3.1%)
Somewhat agree	6.9	(± 2.2)
Somewhat disagree	4.6	(± 2.0)
Strongly disagree	1.8	(± 1.4)

<b>Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?</b>		n = 619
Yes	39.8%	(± 4.6%)
No	60.2	(± 4.6)

Estimates based on sample sizes less than 50 were omitted.

***Among people who have seen or heard of community efforts/activities:***

**Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth?** n = 260

Yes	18.2%	(± 5.4%)
No	81.8	(± 5.4)

***Among people who have seen or heard of community efforts/activities:***

**To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years?** n = 260

Yes	24.9%	(± 6.2%)
No	47.1	(± 7.0)
Don't know/Not sure	28.0	(± 6.2)

***Among people who know of anti-tobacco organizations in their community:***

**Do you approve of what this local organization is doing to prevent tobacco use and help people quit?** n = 66

Definitely yes	72.2%	(± 11.7%)
Probably yes	23.8	(± 11.0)
Probably no	2.3	(± 3.3)
Definitely no	1.7	(± 2.5)

**There are more negative things than positive things about smoking.**

n = 633

Strongly agree	90.6%	(± 2.7%)
Somewhat agree	7.0	(± 2.4)
Somewhat disagree	0.9	(± 0.7)
Strongly disagree	1.5	(± 1.0)

**Smoking sometimes makes a person more attractive.**

n = 627

Strongly agree	1.1%	(± 1.0%)
Somewhat agree	1.3	(± 1.1)
Somewhat disagree	7.3	(± 2.3)
Strongly disagree	90.3	(± 2.6)

**There are so many things that cause cancer, tobacco use is not going to make any difference.**

n = 621

Strongly agree	8.3%	(± 2.5%)
Somewhat agree	2.6	(± 1.3)
Somewhat disagree	10.0	(± 3.4)
Strongly disagree	79.1	(± 4.1)

**Would you ever use or wear something that has a tobacco company logo or picture on it?**

n = 621

Yes	20.8%	(± 3.8%)
No	79.2	(± 3.8)

<b>Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?</b>	n = 632
Yes	11.3% (± 3.0%)
No	88.7 (± 3.0)

<b>During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?</b>	n = 625
Yes	18.6% (± 3.7%)
No	81.4 (± 3.7)

<b>During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?</b>	n = 636
Yes	11.7% (± 3.0%)
No	88.3 (± 3.0)

<b>Tobacco companies should have the same rights to advertise their products as other companies.</b>	n = 603
Strongly agree	22.6% (± 4.0%)
Somewhat agree	30.3 (± 4.5)
Somewhat disagree	9.5 (± 2.5)
Strongly disagree	37.6 (± 4.5)

***Among people with children ages 12 to 17:***

<b>Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .</b>	n = 105
We have talked about the dangers of tobacco use many times	78.8% (± 10.7%)
We have had at least one conversation that I can remember	16.0 (± 10.4)
I don't remember a specific conversation, but my child knows how I feel	4.0 (± 3.5)
For now, I have not talked with my child about the dangers of tobacco use	1.2 (± 2.3)

***Among people with children ages 12 to 17:***

<b>Have you told your child specifically that you do not want him or her to use tobacco?</b>	n = 103
Yes	92.5% (± 5.6%)
No	7.5 (± 5.6)